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# Child Center News



Fall 2019

## Coordinated Care Organizations 2.0

Starting January 1, 2020, Oregon Health Plan (OHP) members in Lane County will be able to choose between two coordinated care (CCO) providers: PacificSource Community Solutions and Trillium Community Health Plan. The change will help to better serve those who receive health care coverage under OHP. Both CCO's have five year contracts to serve the Lane County region.

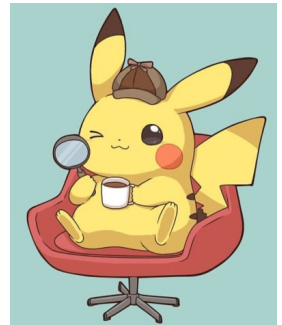
### *What does this mean for parents and families at TCC?*

Our clients with OHP will be able to choose either PacificSource Community Solutions or Trillium Community Health Plan as their CCO and connection to health care providers. Just a note: OHP members can only switch between these two choices once per year. This change also means that TCC will be working with both CCO's for our billable services.

We are happy that clients with OHP will have further choice in their healthcare, and are excited to see the changes this new configuration of CCO's in Lane County brings.

## Witches, Wizards, and Pokémon in Group Therapy Classes

This past summer, out-patient therapists led Pokemon and Harry Potter group therapy classes! The Pokemon inspired therapy group was for children entering first through third grades, and focused on developing skills for friendships. This included how to watch for social "clues" like detective Pikachu, developing compromise strategies for Recess Arena, and increasing social energy levels.



Wizards and witches, ages nine through thirteen, participated in a group for wizardry and healing. Clients attended Hogwarts inspired courses including potions, transfiguration, and charms, while developing coping tools, learning mindfulness exercises, and practicing emotional regulation and positive thinking strategies.

They also learned team-building skills as they collaborated with house members to compete in the All-Wizard Tournament. And we can't forget to mention that the weekly Harry Potter-inspired art therapy activities helped the wizards and witches learn to express themselves through visual magics.



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